

Kodiak Kronicle

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Dear Kodiak Families,

This week we saw extreme weather with inclement weather and buses being cancelled. Due to the road conditions, weather, and wanting to ensure the safety of all, we have postponed our Winter Concert to **Tuesday, January 10<sup>th</sup> at 1:00pm.**

Today is our last day of classes for 2022, we hope everyone has an enjoyable and restful winter break. The first day back to school is Monday, January 9<sup>th</sup>. As students will be bringing home their indoor shoes, we ask that these are returned on the 9<sup>th</sup> to ensure students are able to participate in physical education.

Meet our staff – Mr. Stabler – Grade 3 and Grade 4 Homeroom Teacher

Thank you to everyone who has welcomed me to Kathyrn School—this is a great place to work and learn. I have been teaching with Rocky View Schools since 2008 at three schools in Airdrie. My hobbies include skiing and snowboarding, reading, cooking, swimming as well as spending time with my two kids (6 & 9) and my wife. I look forward to getting to know all the members of our school community.

Annual Food Drive

We would like to thank all our families for their generous donations. Kathyrn School donated seven hundred and fifty-two nonperishable items. We would like to send a huge thank you to Fenton Bus Lines for donating the bus and driver to allow our Leadership students to deliver the Food items to the Irricana Food Bank on December 19<sup>th</sup>.



Upcoming

December 23

First Day of Winter Vacation

January 9

First Day Back from Winter Vacation

January 10

Home Reading Book Exchange  
1:00pm Winter Concert

January 13

Alien In-Line consent forms due

January 16-19

Alien In-Line

School Council

Our next School Council meeting will be held on Tuesday, January 10<sup>th</sup> at 6:00pm in person at the school and via zoom. Join the Zoom meeting

[https://rockyview.zoom.us/j/32292792](https://rockyview.zoom.us/j/3229279250)

50 Meeting ID: 322 927 9250;

Passcode: 9354291

[kathyrn-schoolcouncil@rvschools.ab.ca](mailto:kathyrn-schoolcouncil@rvschools.ab.ca)

## More Important News

### Kodiak Spirit Days

December 16 – Red/Green/Festive Sweater Day

Pictures by Miriam and Shyla



Please see attached for more Kodiak Spirit Day photos.

Child Development Advisor  
(CDA), Ms. Ludwig

For some reason, this joyful time of the year has may have siblings **arguing more than usual**.

Maybe it's just being overwhelmed, a need for attention, or more time spent together at home...

Are you also going through this?

While we can't eliminate sibling rivalry altogether, with the right tools, we can help our children learn to navigate inevitable conflicts and form a loving bond.

And here is an incredible tip to do just that. It's so simple and works wonders **in only a matter of minutes!**

I'm talking about **laughter**.

Laughter is a key ingredient in building love and connection. It lightens the mood and helps release anger and forgive sooner.

This week's helpful parenting tip (attached), "**Minimizing Sibling Disputes**", includes a game-changing LOL trick to resolve conflict.

## Kodiak Spirit Days

Monday, December 19 – Dress like a candy cane. Leadership students offered candy canes to all students.



Wednesday, December 21 – Dress like the Grinch – Wear Green



Thursday, December 22 – Toasty Thursday – wear comfy and unique socks and hats



Caroling in the Learning Commons on Wednesday and Thursday



Thank you to Nadia and Miriam for taking photos this week.

# MINIMIZING SIBLING DISPUTES

When your children are arguing, try this simple trick:

Have them sit down **facing each other.**

Tell them to look at each other but they **absolutely cannot...**

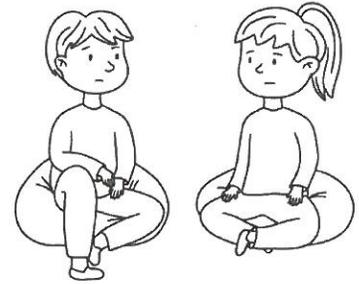
**SMILE.**

Have them continue to look at each other, but absolutely **NO SMILING!**

**IN MINUTES**

your children will be laughing and smiling together.

**Try this!** It really works!



Of course, use this trick at your discretion.

It **might NOT be appropriate** for some children and when there is a serious conflict between siblings.

## OTHER IDEAS TO ENCOURAGE SIBLING CONNECTION:

- ♥ Pack lunches and enjoy an afternoon **Picnic** together.
- ♥ Use **Marshmallows** and toothpicks to build edible sculptures. (Snap pics before eating!)
- ♥ Take turns adding songs to a Siblings **Music Playlist** - and then sing them out loud!
- ♥ Freeze homemade **Popsicles** together and enjoy them later.
- ♥ Head to your local library and choose **Books** for each other to read.