

February 16, 2023

Volume 3 Issue 22

## Kodiak Kronicle

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## Upcoming

### February 17

Kodiak Spirit Day  
Backwards Day

### February 20

Family Day (No Classes)

### February 21

Vacation (No Classes)

### February 22

Vacation (No Classes)

### February 23

Teachers' Convention (No Classes)

### February 24

Teachers' Convention (No Classes)

### Dear Kodiak Families,

This has been a busy week for our students, on top of all the learning, we have had a number of activities including Valentine's Day, Pink Shirt Day, Healthy Hunger, Kodiak Spirit Day Backwards Day and 100th Day! Next week there are no classes scheduled and we will welcome students back on Monday, February 27<sup>th</sup>.



Mrs. Hassett's grade 3 students celebrating 100<sup>th</sup> Day!

**CTF Leadership Students** – working on a leadership challenge to learn about delegation and leadership, problem solving, critical thinking and collaboration.



### Positive Behavioural Intervention Supports (PBIS)

During the month of February students in Mrs. Kelk's grade 2 class will be teaching others in the school about being respectful by showing kindness. Students will be making posters, reading stories about kindness to other classes, and sharing information during morning announcements. Some students have even been looking to catch students showing kindness during recess breaks!

## School Council

Our next School Council meeting will be held on Tuesday, March 14 at 6:00pm in person at the school and via zoom. Join the Zoom meeting

<https://rockyview.zoom.us/j/3229279250>

Meeting ID: 322 927 9250;

Passcode: 9354291

[kathyrn-schoolcouncil@rvschools.ab.ca](mailto:kathyrn-schoolcouncil@rvschools.ab.ca)

## More Important News

### 2022/2023 Alberta Education Assurance (AEA) survey

Alberta Education surveys teachers, students (grades 4-8) and their parent/guardians to gather information on the quality of education provided by school authorities and their schools. Results are provided to each school and school authority to evaluate performance on AEA survey measures. Schools use this information to help develop our School Workbook. We value parent input, and we encourage our parents/guardians to complete the survey.

Last day for *all* survey submissions is **March 03, 2023**.

### Kodiak Spirit Day – Valentine's Day

Pictures taken by Noah and Emma W



### Kindergarten Registration 2023-2024

Families who currently have students registered in Kathryn School and have siblings entering Kindergarten next year, please register your Kindergarten child through School Engage. This will ensure Families receive Kindergarten Orientation information. Please call the office if you have any questions.

Child Development Advisor  
(CDA), Ms. Ludwig

Are you dreading those two cringe-worthy words you know you will hear over your child's holiday break?

"I'm bored" seems to be on repeat during this time - would you agree?

It's tempting to offer *more* screen time. But the truth is, most of us want our children engaged, moving and learning even when we aren't providing them with our undivided attention.

The below "**I'm Bored Bingo**" game provides several activity ideas that are fun and entertaining for the whole family. You can challenge each other to try new things and get creative with how you spend your time during this Family Day holiday week.

Your child can choose activities from the list to create their custom bingo board. Then, when they feel bored, they can do an activity on their bingo board and mark off the square with an X.

The first person to get 5 in a row wins!

The "**I'm Bored Bingo**" game is simple, and the suggested activities are unique and appropriate for a wide range of ages and interests. Check it out!

# I'M BORED

## Bingo Board



Choose the activities from our provided activity list (or choose your own activities) and fill out each square with one thing to do. Then, when you feel bored, do an activity from your bingo board and mark off the square with an X.

**The first person to fill five in the same row wins!**

		Free Space		



# I'M BORED



## Suggested Activities

Here are some suggested ways to fill in your bingo card.  
Circle 24 activities that sound fun to you and write them on your card in random order.

### Be Creative

- Make up a song and record it.
- Draw a portrait of a pet or friend.
- Make up a dance to a song you love.
- Invent a tool to solve a problem.
- Sculpt with clay or Play-Doh.<sup>®</sup>
- Draw with your feet.

### Read & Write

- Read in the bathtub (without water).
- Read in a tent (indoors or outdoors).
- Write a letter to someone far away.
- Read to a pet or younger sibling.
- Write and illustrate a comic.
- Write and perform a play.

### Get Exercise

- Learn a popular dance online.
- Play balloon volleyball.
- Make a couch cushion fort.
- Play outside.
- Make a bike obstacle course.
- Time yourself as you run laps.

### Relax

- Take a bubble bath.
- Build a blanket nest and lay in it.
- Do a kids' yoga video.
- Listen to a guided meditation.
- Have an at-home "spa day".
- Go stargazing.

### Help Someone

- Make your family a snack.
- Plan a fundraiser.
- Offer to help a parent or sibling.
- Call someone who might feel lonely.
- Pamper your pet or a friend's pet.

### Play

- Pretend to be an animal in the zoo.
- Make a pretend hospital or vet clinic.
- Invent an imaginary world with Lego.<sup>®</sup>
- Play "The Floor Is Lava".
- Build a tower that is taller than you.



**BGC IRRICANA CLUB**

*4 Days of Kindness  
PD Week*

**FEB. 21-24 | AGES 5-11 | 8:30AM-4:30 PM**

**KINDNESS BLOSSOMS THIS WEEK!  
AS WE CELEBRATE PINK SHIRT DAY, WE  
WILL FOCUS AROUND DOING KIND THINGS  
FOR OTHERS AND OURSELVES.  
SELF CARE, FRIENDSHIPS, AND  
COMPASSION WILL BE OUR MAIN THEME!**

**\$45/DAY**

**PHONE:403-948-3331**

**EMAIL:INFO@BGCAIRDRIE.COM**

**WEBSITE:BGCAIRDRIE.COM/PROGRAMS**

**ADDRESS:302 3RD STREET IRRICANA, AB**

# Adult English Language Learning

Aprendizaje de inglés para adultos

Вивчення англійської мови для дорослих

成人英语语言学习

ਬਾਲਗ ਅੰਗਰੇਜ਼ੀ ਭਾਸ਼ਾ ਸਿੱਖਣਾ

Pag-aaral ng Wikang Ingles para sa Nakatatanda

## Airdrie Classes

April 17 - June 5, 2023  
Monday/Wednesday Evenings

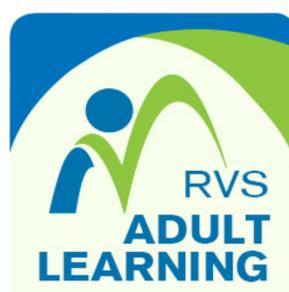
6:30 pm - 9:00 pm

Cost \$75

Register at

<http://adultlearning.rockyview.ab.ca>

or Scan QR Code



COMMUNITY ADULT  
LEARNING PROGRAM

# Are you interested in ONLINE adult English Language Learning (ELL) classes?

## ELL Speaking/Pronunciation ONLINE

**April 18 - June 1, 2023**

**Tuesdays/Thursdays**

**1:00 pm - 2:30 pm**

**(7 weeks, 14 classes, 21 hours)**

**Cost \$55**

**Register at:**

**<https://adultlearning.rockyview.ab.ca>**

**or Scan QR Code:** 

## Other ONLINE Options:

**Bow Valley College online ELL classes:**

**<https://bowvalleycollege.ca/programs-courses/english-language-learning/linc-home-study>**

**Adult Learning Alberta online ELL classes:**

**<https://adultlearningalberta.ca/events/?search=&time=&comaction=calendar>**

