

November 24, 2022

Volume 3 Issue 13

## Kodiak Kronicle

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## Upcoming

### November 25

Junior B Girls Volleyball  
Tournament

### November 30

Last day to order Art Cards  
online

### December 2

Junior B Girls Volleyball  
Tournament

### December 5

Professional Learning Day  
No Classes

### December 15

Healthy Hunger – Hot Lunch

### December 16

Kodiak Spirit Day  
Wear Red/Green/Festive  
Sweater Day

## Dear Kodiak Families,

Our students were excited about the Farmers Market on Wednesday which was organized through Career and Technology Foundations (CTF), Business and Innovation taught by Ms. Sevcik. Students created a business, marketed their products, created their products and sold their items at the Farmers Market. Please see pictures below.

We have been gifted some warmer temperatures this week. With the warmer temperatures comes melting and freezing cycles which may make parking lots and walkways slippery. Mr. Brar, our Head Building Operator, is out each morning and throughout the day tending to these areas. In an effort to keep everyone safe, we would also like to remind families to be extra vigilant of parking lot speeds and the importance of students using the basketball court pathway to enter the school.

## Upcoming Dates

December 20 - Winter Concert - 1:00pm

December 23 - First Day of Winter Vacation

January 9 - First Day Back from Winter Vacation

## Meet our staff

Mrs. Hassett has had many roles at Kathyrn School. Currently she is teaching grade 3 and supporting Literacy. She went to school in a place just like Kathyrn, so our school feels like home. Mrs. Hassett loves to bake, read and camp.

## Art Cards School Fundraiser

Students had an opportunity to create an Art Card. A sample of their card will come home in their agenda when they arrive at the school. Students picked the theme of their card. If parents/guardians wish to purchase the Art Cards, please follow the ordering instructions found in the sample card that your child has brought home. The funds from the School Fundraiser will be going towards purchasing technology for our students.

### ArtCards By Kids School Fundraiser

Your child has been working on an art project with their teacher. This is a sample of your child's card with their name and age on the back. You can purchase your child's art cards as well as posters, puppets, and Christmas ornaments as a fundraiser for your school.

Art Card prices range from \$1.00 to \$2.00 each, puppets \$3.00, posters \$4.00, Christmas ornaments \$4.00.

Minimum order is \$40.00 (includes all 12 items).

A minimum Art Card order is required to order additional puppets, posters, puppets, and Christmas ornaments.

Remember... grandparents, other relatives and friends love to have the opportunity to purchase your child's creation cards and support their school at the same time.

COPIES ARE AVAILABLE HERE

Thank you

Follow these 3 easy steps to order:

- Go to [www.artcardbykids.com](http://www.artcardbykids.com) and click on "PARENT" ORDERS. Prices are indicated online. If you are unable to access the website, please contact your child's teacher for assistance.
- Order the ART card on the back of this sample card (this is required for all orders).
- Order and pay for your order online with credit card (this is required for all orders).

Multiple orders accepted. If you choose to share your child's card with others (by email or in person), you are giving them permission to order your child's card at products we provide. Orders will be shipped separately. All orders will be delivered to your child's teacher for distribution to students.

**ORDER DEADLINE:  
Wednesday, November 30th**

Payment will only be accepted if you are under 18 years old.

If you are not a member, please contact your child's teacher for assistance. All orders will be shipped separately. All orders will be delivered to your child's teacher for distribution to students. We will be happy to charge a fee for this service.

## School Council

Our next School Council meeting will be held on Thursday, December 8<sup>th</sup> at 8:45 am in person at the school and via zoom. If you are attending in-person please sign in at the office.

Join the Zoom meeting

<https://rockyview.zoom.us/j/3229279250>

Meeting ID: 322 927 9250

Passcode: 9354291

The email address for School Council is [kathyrn-schoolcouncil@rvschools.ab.ca](mailto:kathyrn-schoolcouncil@rvschools.ab.ca)

More Important News

Farmers Market - pictures captured by Molly H  
A message from the Business and Innovation students  
“Thank you for being great customers. We appreciate your respect and kindness. We had a great time and hope you did too” Kathryn School Farmers Market.



Child Development Advisor (CDA), Ms. Ludwig

Has your child ever...Lied? Teased a friend? Had a public meltdown? In the heat of the moment, most of us respond with:  
“Why did you do that?” or “Why can’t you just...?”

But here’s the truth:  
**They don’t know why.**  
Often, children are not developmentally self-aware enough to know the answer. Whether you’re looking for an explanation or venting frustration, these type of “Why?” questions place judgement on the child. When a trusted adult (especially a parent), leads with **judgement-focused** questions, the child internalizes those feelings:

“I always do everything wrong.”  
“There’s something wrong with me.”

Here’s what you can do instead: lead with **curiosity**.

“I see you’re having a hard time. Do you want to talk about it?”  
“It looks like you’re very upset. Did I get that right?”

And then - and this is the key - move on. Yes, trust that they internalized that this moment was just that, a moment. Later, you can foster **reflection** by asking questions that will get them to think about their behavior and how it impacted others. Use this week’s parenting guide, “**Be Careful with Why?**” to resist asking questions leading with “Why?” during the difficult moments and learn to connect with your child through curiosity instead of judgement.

Please check out the attached



## WHEN WE RESPOND WITH "WHY"

Why did you do that?  
Why can't you just do what I ask?  
Why can't you be more like your sister?

Why are you like this?  
Why don't you ever listen?  
Why does this have to be so hard?

Sometimes these questions imply there's something wrong with  
**WHO THEY ARE** instead of **what they did**.

Don't expect your child to know WHY they did something.  
Often, they are not developmentally self-aware enough to know the answer.

BUT THEY DO FEEL  
YOUR FRUSTRATION  
AND JUDGEMENT AND  
INTERNALIZE THOSE  
FEELINGS:

"I DON'T KNOW WHY I  
DID THAT. I ALWAYS DO  
EVERYTHING WRONG.  
SOMETHING MUST BE  
WRONG WITH ME."



### NOTICE THE DIFFERENCE BETWEEN...

#### JUDGEMENT

Why did you do that?

Why can't you be quiet?

#### CURIOSITY

It looks like you're feeling very angry  
about this...is that right?

I can see you're very excited and it's  
hard to listen to me. Did I get it right?

#### INSTEAD OF

"Why did you do that?!"



"I see you are bothering your sister. Do  
you need help finding something to do?"

"Why are you crying?"



"I see you are really upset.  
I'm here if you need me."

"Why can't you just sit still?!"



"I can see your battery is supercharged  
right now. Can you wiggle your toes as  
fast as you can?"





# BABYSITTER'S SAFETY COURSE

*Free for youth twelve years and older!*



**Closer  
to Home**  
COMMUNITY  
SERVICES

This is a 3 session course held in January in the Irricana & Beiseker area. Upon completing this course you become certified with the Canadian Safety Council.

Limited spaces available. More details to come!

[Click here to register!](#)



To Register:

Call: 403.948.3331

Email: [info@bgcairdrie.com](mailto:info@bgcairdrie.com)

Online: [bgcairdrie.com](http://bgcairdrie.com)

# KIDS \$30

## TECHNATION

### BIESEKER COMMUNITY HALL

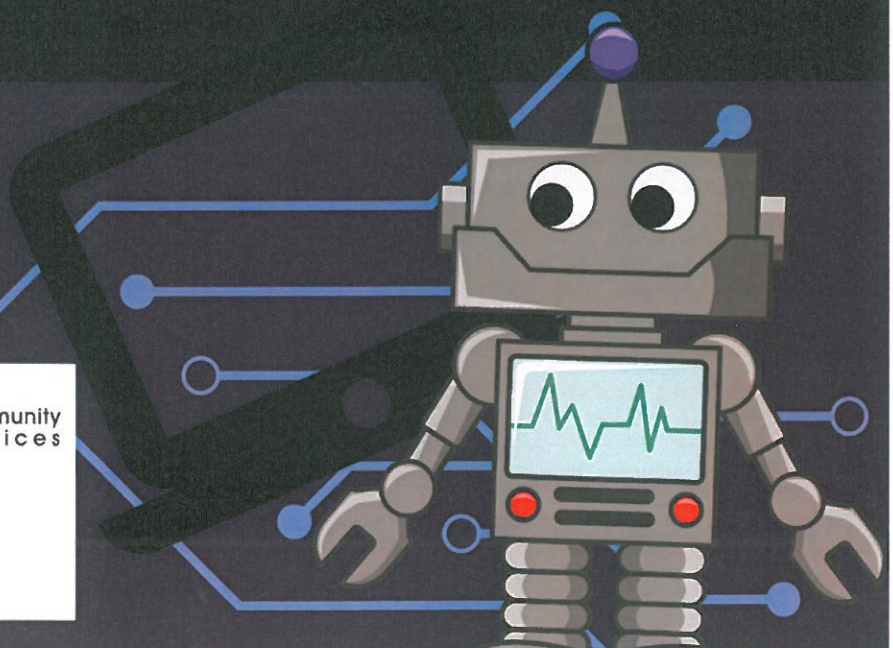
Build your technological powers, learn something new and create some amazing take-home projects, animate your own movie, code your own video games, and learn how to build and control a robot.

At this event youth will utilize popular tech brands like makey makey, Scratch, JIMU, playstation, VR and much more!

# December 5, 2022

## 10:00am - 3:00pm

## AGES 10-16





# BIG FUN BEISEKER PD DAY

## DECEMBER 28 2022

*Ready to bounce off the walls  
with this day of fun? Lets  
bounce the day away with big  
fun play!*

*Transportation Provided  
pick-up and Drop-off:  
Beiseker Community Hall*



*Ages 10 - 16 / \$60 Per Youth  
10-4Pm*

*Visit [WWW.BGCAIRDRIE](http://WWW.BGCAIRDRIE) or  
call 403.948.3331 Registration*

